



\*Vegan option offered daily

# OCTOBER 2023

Wood River – Hartford SD 15

Breakfast and lunch menus are subject to change without notice. Choice of milk offered daily

## Monday

Pulled Pork Nachos **2**  
Lettuce & Tomato  
Black Beans  
Fruit  
Milk

## Tuesday

Chili Chicken Crispito **3**  
Cheese Cubes  
Salsa, Corn  
Fruit  
Sour Cream  
Milk

## Wednesday

Chicken Nuggets **4**  
Potato Smiles, Green Beans  
Fruit  
Rice Krispie Treat  
Ketchup, BBQ  
Milk

## Thursday

French Bread Pizza **5**  
Marinara  
Broccoli  
Fruit  
Milk

## Friday

**No School**  
**Teachers' Institute**

**No School**  
**Columbus Day**

Walking Taco **10**  
Cheese, Lettuce, Salsa  
Refried Beans  
Fruit  
Milk

Pizza **11**  
Salad W/Ranch  
Broccoli  
Fruit  
Milk

Chicken Sandwich **12**  
French Fries  
Green Beans  
Fruit  
Ketchup  
Milk

Egg & Sausage **13**  
Pancakes W/Syrup  
Baby Carrots  
Dragon Punch  
Fruit  
Milk

3 Cheese Cavitappi **16**  
Breadstick  
Salad W/Ranch  
Broccoli  
Fruit  
Milk

Cheeseburger on Bun **17**  
French Fries  
Baked Beans  
Fruit  
Milk

Mandarin Orange **18**  
Chicken  
Veggie Fried Rice, Carrots  
Fruit  
Fortune Cookie  
Milk

Mozzarella Cheese **19**  
Bites  
Marinara  
Squash  
Fruit  
Milk

Chicken Leg **20**  
Roll  
Mashed Potatoes  
Green Beans  
Fruit  
Milk

Hot Dog on Bun **23**  
Baked Beans  
Sweet Potatoes  
Fruit  
Ketchup  
Milk

Pizza Bagels **24**  
Caesar Salad  
Broccoli W/Cheese  
Fruit  
Milk

Fish Sandwich **25**  
Tater Tots  
Cole Slaw  
Fruit  
Ketchup  
Tartar Sauce  
Milk

Grilled Cheese **26**  
Tomato Soup  
Celery  
Fruit  
Milk

**No School**

Popcorn Chicken **30**  
Mashed Potatoes  
Corn  
Fruit  
Milk

Cheesy Pullapart **31**  
Marinara  
Salad W/Ranch  
Fruit  
Milk